

MISCARRIAGE AND INFERTILITY RESOURCES

Don't walk through your grief alone. Whether grieving from miscarriage, stillbirth, adoption placement, or infertility, we are here for you and there is help. Email <u>care@lakesidechurch.com</u>, and a female staff member will reach out to you in confidentiality and offer a listening ear, guidance, and support. You can also find support through some of the local resources listed below.

ONLINE RESOURCES

• <u>Miscarriage Hurts – Healing Pathways</u>

In-Person and Zoom Resources

- **RealOptions Hope Reproductive Loss Support Group:** Weekly Zoom group call (Thursdays, 6:30pm) open to all who have been impacted directly or indirectly by reproductive loss of any kind.
 - Email: <u>hope@realoptions.net</u> for details and for the Zoom link
 - Phone: 408-444-5472
- <u>Sierra Pregnancy + Health</u>: Grief care for pregnancy/reproductive loss of any kind.
 - Pregnancy loss and infertility: <u>click here</u> for more information and to schedule a phone consultation

Training and Education

- <u>**Reproductive Loss Network:**</u> A biblical approach to educating, equipping, and encouraging helpers who support those affected by reproductive loss. Tanya Flores, co-founder.
 - Phone: 916-769-7147
 - Email: <u>tanya@reproductivelossnetwork.org</u>